

# Auburn Public Schools,

## High School 9-12 Lunch Menu, April 2024

If you have any questions regarding our menu, please contact Auburn Food Services at 508-832-7722 x & x4122 or 4123 visit our website: <https://bit.ly/3gg3Jlk>

All Meals for 2022 – 2023 are FREE for ALL students! Plan for your students to take advantage of our great tasting and nutritious meals at school!!

Per the USDA school nutrition standards, students must take at least 3 items (food groups) as part of their breakfast and lunch with one item being fruit and for all students must

Remember to take 3 food groups and one must be a fruit or vegetable serving. Milk choices include FF White, 1% White and FF CHocolate.

### Available Daily for Entrees

1. Hot Lunch Entrée
- 2.. Build Your Own Garden Salad
- 3.. Variety Hot Sandwiches

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1.</b> <b>Tomato Soup</b> <b>Triple Grilled Cheese</b> Fresh Fruit, Apples Milk/Water	<b>2.</b> <b>BBQ Pork Rice Bowl</b> Roasted Corn/ Black Bean Fresh Fruit, Apples Milk/Water	<b>3.</b> <b>Chicken Stir Fry</b> <b>Broccoli</b> Fresh Fruit, Apples Milk/Water	<b>4.</b> <b>American Chop Suey</b> Steamed Peas Fresh Fruit Milk/ Water	<b>5.</b> <b>BBQ Chicken Pizza</b> <b>Salad Bar</b> Fresh Fruit Cup Milk/Water
<b>8.</b> <b>Honey Garlic Pork</b> Seasoned Carrots Mixed Fruit Cup Milk/Water	<b>9.</b> <b>Shepherd's Pie</b> Green Beans Fruit Cups, Fresh Apple Milk/Water	<b>10.</b> <b>Open Faced Turkey</b> <i>Tater Tots</i> Fresh Fruit Milk/Water	<b>11.</b> <b>Chicken Broccoli Alfredo</b> Fresh Fruit & Fresh Apple Milk/Water	<b>12.</b> <b>French Bread Pizza</b> <b>Salad Bar</b> Fresh Fruit Cup Milk/Water
<b>15.</b>  <b>Vacation Week</b>	<b>16.</b>  <b>Vacation Week</b>	<b>17.</b>  <b>Vacation Week</b>	<b>18.</b>  <b>Vacation Week</b>	<b>19.</b>  <b>Vacation Week</b>

<p><b>22.</b></p> <p><b>Breakfast for Lunch</b> Hash Browns Fresh Fruit Cup Milk / Water</p>	<p><b>23.</b></p> <p><b>Crunchy Beef Taco or Deeply Rooted Plant Based Crumbles</b> Salsa Sour Cream Fresh Fruit Cup Milk/Water</p>	<p><b>24.</b></p> <p><b>Baked Chicken Sweet Potatoes</b> Fruit Cup <i>Milk/ Water</i></p>	<p><b>25.</b></p> <p><b>Asian Chicken w/ Egg Roll</b> Yaki Soba Noodles w/ Sweet Chili Sauce and Vegetables Dinner Roll Fresh fruit cup Milk/Water</p>	<p><b>26.</b></p> <p><b>Stuffed Crust Pizza Salad Bar</b> Fresh Fruit Cup Milk/Water</p>
<p><b>29.</b></p> <p><b>Chicken Noodle Soup Ham &amp; Cheese</b> Tater Tots Fresh Fruit Cups Milk/Water</p>	<p><b>30.</b></p> <p><b>Chicken Fajitas</b> Green Beans Fruit Cups, Fresh Apple Milk/Water</p>	<p><b>1. MAY</b></p> <p><b>Chicken Drumsticks</b> Buttered Carrots Assorted Fruit Milk / Water</p>	<p><b>2.</b></p> <p><b>Pasta with Meat Sauce</b> Steamed Peas Fruit Cup Milk / Water</p>	<p><b>3.</b></p> <p><b>Sal's Garlic Pizza or Rip-Ems w/ Garlic Butter Salad Bar</b> Fresh Fruit Milk / Water</p>

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Locally Grown Fresh Apples offered daily. Milk Choices: Fat Free White, 1% White, Fat Free Chocolate 8 oz.

Each day we offer a hot or cold lunch option. All Meals include Milk, Fruits and Vegetables. Water is also available. All students are offered sides and may be a cookie and chip option when offered. Meals when offered will include nutritious legumes/beans. Nut free butters are also available.